

**Women in the Word**  
**Psalm 32**

*January 30, 2014*



1. Read Psalm 32 slowly. Who wrote this psalm?

Read Psalm 32 once again and note the flow of ideas and emotions in this psalm. Write down one word that comes to mind.

2. Using your own words, what is David's main idea in verses 1-2?

Share another word you might use in place of "blessed" in verses 1-2.

3. Read verses 1-2 and list all the words used for types of wrongdoing. How does the dictionary define each of these words?

Write your own simple definition of sin.

After contemplating sin, how does forgiveness become even more amazing?

4. In verses 3-5, David tells his personal story of sin, confession and forgiveness. What words does he use in verses 3-4 to describe his situation before he confessed his sin to God?

Think of a time when you were dealing with unconfessed sin. How would you describe what you experienced?

5. What action does David take according to verse 5? What is the result? Also refer back to verse 1.
  
6. Read verses 5-6 and describe David's attitude about confession.
  
7. Read 2 Samuel 11:1-27 and 2 Samuel 12:1-15 to gain understanding of the sin David committed. Admitting our sin to God is often very difficult. Why is that?

Read Psalm 32:5-9. List the reasons David uses to encourage us to go to God in confession in spite of it being difficult. What additional reasons do you find in verses 1-4?

What characteristics of God do you see in David's encouragement? Which characteristic is most encouraging to you as you consider confession? Why?

8. The imagery in verse 9 is a good picture of our foolish rebellion or stubbornness against God's guidance. What past or present example comes to mind as you read this verse? (It can be from your life or the life of someone else.)

9. List the two groups of people contrasted in verse 10. Note the two conditions of David contrasted in verses 3 and 5.

What do you see as the sorrows or “woes of the wicked” today? Be specific.

Using your own words, rewrite the second part of verse 10 and make it personal.

10. Write a definition of confession. Is there something you need to confess to God right now? If so, write your own psalm of confession on the back of this page.

11. What is David’s next step after confession and forgiveness as seen in verse 11?

How are we made righteous? Read Romans 3:21-24, 5:8; 1 John 1:8-9; John 3:16.

How do you demonstrate your gratefulness to God when He has forgiven and cleansed you from your sin?

12. How has this psalm added to your understanding of confession?

Has it moved your heart to go to God with prayers of confession?

13. Do you have a personal prayer request to share with your small group?

## Joy of Forgiveness

### Psalm 32

**Confession is sharing our deepest weaknesses and failures with God so that we may enter God's grace and mercy and experience His ready forgiveness and healing.**

David teaches a great truth: vs.1-2

God deals graciously with repentant sinners.

God is a merciful, forgiving God.

\_\_\_\_\_ is the one whose sin is forgiven.

David tells his own experience. vs.3-5

The Agony- Unconfessed sin

David was in physical, mental, and spiritual distress.

The Remedy- Confession

David \_\_\_\_\_ his sin to God. God forgave him!

David encourages us to use the remedy. vs.6-9

Pray to God and confess to Him.

God is our safe place. God is our \_\_\_\_\_ place.

Don't be stubborn and let sin block your relationship with God. Confess it.

David gives us one more reminder. vs.10

Without God – many sorrows and \_\_\_\_\_

With God – surrounded by His faithful love

David's response to forgiveness: vs.11

Be glad and rejoice. Praise Him and shout for \_\_\_\_\_.

Application: Confess! Be Forgiven! Sing To The Lord!

Key: Blessed confessed hiding woes joy

Romans 3:23 For all have sinned and fall short of the glory of God.

Isaiah 43:25 “I, I am He who blots out transgressions for my own sake, and I will not remember your sins.”

Jeremiah 31:34 “For I will forgive their iniquity and remember their sin no more.”

Micah 7:18,19 Who is a God like you, pardoning iniquity and passing over transgression for the remnant of his inheritance? He does not retain his anger forever, because he delights in steadfast love. He will again have compassion on us; He will tread our iniquities underfoot. You will cast all our sins into the depths of the sea.

Psalm 103:12 As far as the east is from the west, so far does he remove our transgressions from us.

Psalm 139:23,24 Search me, O God , and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!

Psalm 103:10-11 He does not deal with us according to our sins, nor repay us according to our iniquities. For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him.

2 Samuel 11:27 But the thing that David had done displeased the Lord.

Psalm 51:13 Then I will teach transgressors your ways, and sinners will return to you.

Hebrews 10:9,10 He sets aside the first to establish the second. And by that will, we have been made holy through the sacrifice of the body of Jesus Christ once for all. (NIV)

1 John 1:8,9 If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.