

BOUND  
TO BE  
FREE

# Never Walk Alone

GALATIANS 5:16-26

## I. Keep walking \_\_\_\_\_ to the Spirit so you can experience freedom.

*But I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. But if you are led by the Spirit, you are not under the law. vv. 16-18*

### WALKING BY THE SPIRIT

Gives you direction toward things that last  
Aligns with the desires of God  
Provides power to free you from bondage

### FOLLOWING THE FLESH

Gets you stuck in things that won't last  
Contradicts the desires of God  
Leads you to bondage

YOU KNOW YOU'RE walking by the Spirit WHEN YOU yield to His guidance and power.

So ... PRAY "NOT MY WILL BUT THY WILL"—THEN \_\_\_\_\_ HIS WILL.

## II. When you gratify the desires of the flesh, you walk \_\_\_\_\_—and it steals your life.

*Now the works of the flesh are evident: sexual immorality, impurity, sensuality, idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. vv. 19-21*

YOU KNOW YOU'RE gratifying the flesh WHEN YOU don't want the Spirit around.

So ... BE \_\_\_\_\_ OTHER BELIEVERS WHO ARE WALKING BY THE SPIRIT.

## III. When you walk by the Spirit, you live in a way that brings \_\_\_\_\_ to you and to others.

*But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. vv. 22-23*

YOU KNOW YOU'RE walking in the Spirit WHEN YOUR life is focused on others.

So ... GENEROUSLY \_\_\_\_\_ THE FRUIT OF THE SPIRIT WITH THOSE AROUND YOU.

## IV. Freedom and victory over \_\_\_\_\_ is yours as you keep in step with the Spirit.

*And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also keep in step with the Spirit. Let us not become conceited, provoking one another, envying one another. vv. 24-26*

YOU KNOW YOU'RE keeping in step with the Spirit WHEN YOU find yourself constantly at the cross.

So ... SIFT ALL YOUR \_\_\_\_\_ THROUGH THE CROSS.

TO CONSTANTLY ENJOY CHRIST'S FREEDOM IN YOUR LIFE ... *never walk alone.*

**BOUND  
TO BE  
FREE** **SMALL  
GROUP  
STUDY**

1. What aspects of this sermon were especially insightful for you or helped you?

2. Read Galatians 5:16-26. How would you explain Paul's use of the two different phrases in verse 25: "live by the Spirit" and "keep in step with the Spirit"? Why does one come before the other?

3. How can our flesh sometimes respond when we notice that we are walking in step with the Spirit or growing in the fruit of the Spirit (v. 26)? What are some ways we can be aware of and deal with this response?

*Works v. fruit*

"The contrast between works and fruit is important. A machine in a factory works and turns out a product, but it could never manufacture fruit. Fruit must grow out of life, and in the case of the believer, it is the life of the Spirit (Gal 5:25). When you think of 'works,' you think of effort, labor, strain, and toil; when you think of 'fruit,' you think of beauty, quietness, the unfolding of life. The flesh produces 'dead works' (Heb 9:14), but the Spirit produces living fruit. And this fruit has in it the seed for still more fruit (Gen 1:11). Love begets more love! Joy helps to produce more joy! Jesus is concerned that we produce 'fruit ... more fruit ... much fruit' (Jn 15:2, 5), because this is the way we glorify Him. The old nature cannot produce fruit; only the new nature can do that."

WARREN WEIRSBE

Close in prayer by asking the Lord to show you this week how He will use this passage of Galatians in your life, and watch expectantly to see what the Holy Spirit will do.

4. Consider these equations:

freedom + love = service to others

freedom – love = license (slavery to sin)

Why is love necessary to the Christian's freedom?

5. What fruit of the Spirit have you noticed growing in your life over time? How does it make you feel when you realize growth, and what is your response to God?

6. Why would someone in step with the Spirit need to always be at the cross? What does that look like in your daily life?

**COMING UP AT CHRIST CHAPEL**

Here's a glimpse at what you need to know for this week. Like to plan ahead a little more? Pick up a copy of The Source at a stand around campus or near the exits, or visit [www.ccbcfamily.org/events](http://www.ccbcfamily.org/events). They're your source for everything going on at Christ Chapel.

**TEXT "CCBCGROW" TO 555-888 FOR YOUR NEXT STEP.** If you've found a place to serve at Christ Chapel or in our community, your next step is to dig in and grow! Find a fall group or Bible study by texting "CCBCGrow" to 555-888.

**JOIN US TONIGHT FOR CHRIST CHAPEL'S ANNUAL BUSINESS MEETING.** To hear a yearly update on all things CCBC, join the Elder Board and our leadership at 6:30 p.m. in the Sanctuary.

**WANT TO BE A HOME GROUP LEADER? THERE'S A TRAINING TODAY.** You don't have to have all the answers or years of experience to lead a home group—just a heart for helping people connect and discover more about God. We're looking for men, women and couples of all ages—come for lunch in the Oak Room at 12:15 p.m. and hear all about it. Questions? Email David at [DavidG@christchapelbc.org](mailto:DavidG@christchapelbc.org) this week.

**LADIES, "INTENTIONAL COMMUNICATION" IS TOMORROW.** Wish you were more equipped to speak with justice, mercy and humility in daily life? Join Women in the Workplace tomorrow, Aug. 26 at 6:30 p.m. in the Oak Room. Melissa Schroeder, Chair of Communication Studies at TCU, will teach how your words can change the culture of your workplace, friend groups and more. You can register for dinner (\$10 per person) at [www.ccbcfamily.org/events](http://www.ccbcfamily.org/events).

**YOUNG ADULTS, RENOVATE STARTS BACK THIS WEDNESDAY, AUG. 28!** Renovate is an event for all young adults in the Fort Worth area—no matter where you are in life. There's free dinner at 6:15 p.m. and an incredible worship service at 7 p.m. Whether you're totally new to town or already a Renovate regular, come find community with us this fall. Learn more at [www.renovateftw.org](http://www.renovateftw.org).

**NEW TO COLLEGE?** Make the next season of your life the most epic one with Christ Chapel College! Sunday worship services kick off next Sunday, Sept. 1 at 10:30 a.m. at 2905 W. Berry St., Fort Worth. In the meantime, find more info about Christ Chapel College at [www.christchapelcollege.org](http://www.christchapelcollege.org).

**GUYS, SIGN UP FOR BAND OF BROTHERS NOW.** This fall's study, "Sinner and Saint" is answering the question of what it really means to live a godly life and proving that you already have everything you need to make that life a reality. Sign up at [www.ccbcfamily.org/men](http://www.ccbcfamily.org/men). Band of Brothers kicks off Thursday, Sept. 5 at 6:30 a.m. and 7 p.m.

**LADIES, GET INTO WOMEN IN THE WORD THIS FALL!** How do we walk with Jesus every day in our complicated, fast-paced world? What does loving God and others really look like? This fall we're talking about those important questions in a study called "Lavish Love." Join us beginning Thursday, Sept. 5 at 9:45 a.m. or 7 p.m. Sign up today at [www.ccbcfamily.org/women](http://www.ccbcfamily.org/women).