



BOUND  
TO BE  
FREE

# Do's and Don'ts of Spirit Living

GALATIANS 6:1-18

*"The Epistle to the Galatians is my epistle. To it I am, as it were, in wedlock. It is my Katherine von Bora." Dr. Martin Luther (1483-1546)*

**Q:** How do I walk by the Spirit?

**A:** Walking by the Spirit involves \_\_\_\_\_ steps with Him.

1. Drop the \_\_\_\_\_ .

*Let us not become conceited, provoking one another, envying one another.  
Galatians 5:26*

2. \_\_\_\_\_ the fallen.

*Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. v. 1*

3. \_\_\_\_\_ the burden of others.

*Bear one another's burdens, and so fulfill the law of Christ. v. 2*

4. Take responsibility for \_\_\_\_\_ .

*For if anyone thinks he is something, when he is nothing, he deceives himself. But let each one test his own work, and then his reason to boast will be in himself alone and not in his neighbor. For each will have to bear his own load. vv. 3-5*

5. Take responsibility for ministry \_\_\_\_\_ .

*Let the one who is taught the word share all good things with the one who teaches. v. 6*

6. Don't \_\_\_\_\_ God with your life.

*Do not be deceived: God is not mocked, for whatever one sows, that will he also reap. For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life. vv. 7-8*

7. Don't tire of doing \_\_\_\_\_ .

*And let us not grow weary of doing good, for in due season we will reap, if we do not give up. So then, as we have opportunity, let us do good to everyone, and especially to those who are of the household of faith. vv. 9-10*

8. \_\_\_\_\_

**"GOD WANTS FRUIT, *not religious* \_\_\_\_\_!"** Dr. Stanley Toussaint (1928-2017)

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**SMALL  
GROUP  
STUDY**

1. Which of the eight major points in the sermon most impacted you, and why?

2. Read Galatians 6:1-18. How do verses 1-10 connect to what Paul has communicated previously about living in freedom? When we live out our freedom in Christ, what things do we need to diligently watch out for?

3. What does Paul mean by this statement in verse 17?

*From now on let no one cause me trouble, for I bear on my body the marks of Jesus.*

## *Marks of Freedom*

**“For Paul, the cross meant liberty:**

**from self (Gal 2:20), the flesh (5:24), and the world (6:14). In the death and resurrection of Christ, the power of God is released to give believers deliverance and victory. It is no longer we who live; it is Christ who lives in us and through us. As we yield to Him, we have victory over the world and the flesh. There is certainly no power in the law to give a man victory over self, the flesh, and the world. Quite the contrary, the law appeals to the human ego (‘I can do something to please God’) and encourages the flesh to work. And the world does not care if we are ‘religious’ just so long as the cross is left out. In fact, the world approves of religion—apart from the gospel of Jesus Christ. So, the legalist inflates the ego, flatters the flesh, and pleases the world; the true Christian crucifies all three.”**

WARREN WIERSBE

4. What other concrete steps for walking by the Spirit come to mind for sermon point 8?

5. After hearing this sermon series, in what areas have you sensed you are not walking in the freedom God gave you in Christ?

6. What has the Holy Spirit been teaching you through this series on Galatians? How has it changed your daily walk with Christ?

## **COMING UP AT CHRIST CHAPEL**

*Here’s a glimpse at what you need to know for this week. Like to plan ahead a little more? Pick up a copy of The Source at a stand around campus or near the exits, or visit [www.cbcfamily.org/events](http://www.cbcfamily.org/events). They’re your source for everything going on at Christ Chapel.*

**TEXT “CCBCFALL” TO 555-888 FOR YOUR NEXT STEP.** We’re so excited for the fall at Christ Chapel. If you’re looking for a way to get involved by serving or connecting to the CCBC community, text “CCBCFall” to 555-888. We’ll send you a list of ways to make the most of your fall.

**JOIN A HOME GROUP!** Home groups are one of the best ways to connect, grow and serve at Christ Chapel, and they come in all shapes and sizes! This fall home groups are diving into our new series, “7 Churches of Revelation,” with exclusive content filmed on location in Turkey. Go to the Link Bridge today to find a group. The Connect team will be there to help and answer questions.

**GUYS, BAND OF BROTHERS KICKS OFF THIS THURSDAY, SEPT. 5.** This fall’s study, “Sinner and Saint” is answering the question of what it really means to live a godly life. You won’t leave with anything less than real, practical insight into how to know God and follow Him in your daily life. Sign up at [www.cbcfamily.org/men](http://www.cbcfamily.org/men). Band of Brothers will meet at 6:30 a.m. and 7 p.m.

**LADIES, WOMEN IN THE WORD STARTS THIS THURSDAY, SEPT. 5.** How do we walk with Jesus every day in our complicated, fast-paced world? Join us this fall as we learn about the love of God — how to know it, experience it and share it with others. Sign up for “Lavish Love” at [www.cbcfamily.org/women](http://www.cbcfamily.org/women). Women in the Word will meet at 9:45 a.m. and 7 p.m. Kids Care is available during both meeting times.

**SIGN UP FOR THE “OVERWHELMED” CLASS.** We all feel it at times—life comes at us at lightning speed from a hundred directions with demands, duties and deadlines that won’t let up. Come explore what it looks like to deal with fear, stress and anxiety in a way that really works on Sundays, beginning Sept. 15, at 9:15 a.m. Sign up at [www.cbcfamily.org/events](http://www.cbcfamily.org/events).

**GRIEF SHARE BEGINS THURSDAY, SEPT. 19.** If you have lost a loved one, we are so sorry. Much healing can occur with the opportunity to talk about your grief, hear from others and gain resources for processing grief in daily life. Register at [www.cbcfamily.org/events](http://www.cbcfamily.org/events). GriefShare will meet on Thursdays, beginning Sept. 19, at 6:15 p.m.

**GET AWAY ON THE COUPLES PRAYER RETREAT.** Married couples, at the retreat you’ll hear some short, practical teachings from Doug and Patty Cecil on how to continue deepening your relationship through prayer and Bible study. You’ll have lots of time to hang out, relax and go on a date. The retreat is Oct. 25-27 at Beaumont Ranch in Grandview, TX. Learn more and register at [www.cbcfamily.org/events](http://www.cbcfamily.org/events).