



The Gospel's Antidote to Control

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Use the following as a starting point for conversation:

1. Read Matthew 16:24-26 aloud.
2. How do you find yourself struggling with the desire to be in control? When you feel out of control, how do you tend to react and deal with it?
3. Read Matthew 6:25-33 aloud.
4. Do you really believe that God is intimately involved in caring for you? Does your daily life reflect that belief? How do you think meditating on that truth might change things in your heart and in your actions?
5. Read Psalm 37:4 aloud.
6. How do you delight yourself in the Lord? What could you include in your life this week that might help you delight in the Lord even more? When you do delight in Him, how do you think that might change your current desires?
7. Read Galatians 2:20 and Psalm 16:11 aloud.
8. When we surrender our will to His and trust Him to be in control of our lives, we find ourselves in His presence experiencing the fullness of joy. What's a specific area of life you're trying to control right now? What steps can you take this week to begin the process of dying to yourself in this area and surrendering it to the Lord?