



# HOME GROUP QUESTIONS

## How to Ruin a Perfectly Good Relationship: Isolate Yourself

DATE: November 6, 2019

SPEAKER: Ben Fuqua

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Use the following as a starting point for conversation:

1. Read Hebrews 10:24-25 and James 5:16 aloud.
2. Whether you're in a relationship or not, how do you struggle with isolation? Do you tend to back away from community and hide? What might be some of the warning signs that you're about to isolate yourself?
3. What wise counsel is in your life? How do you discern who to ask to speak into your life? If you don't have anyone you go to regularly for wise counsel, why not? How might you go about including that in your life?
4. Are you actively seeking to make wise decisions? Are you aware of the situations that usually trigger temptations? How might you pay more attention to those and actively make wise decisions about them?
5. In what ways do you struggle with self-reliance? What parts of your life do you tend to think you've got under control? What steps can you take to release that illusion of control and begin relying on God?
6. Read Romans 8:1 aloud.
7. Do you struggle with shame? Do you believe what Paul says in Romans 8:1 or do you still feel like you are under condemnation? What steps can you take to release that shame and live in the freedom that Christ offers?
8. Do you have accountability in your life – one or two friends with whom you regularly confess sin and pray? If not, do you want it? How might you pursue it? (If you want to pursue this but don't know how to get started, email [KristinH@christchapelbc.org](mailto:KristinH@christchapelbc.org) for ideas and resources.)