

SUPPLEMENTAL LESSON 13: SPIRITUAL INTIMACY

“For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.”³² This is a profound mystery—but I am talking about Christ and the church.
- **Ephesians 5:31-32**

YOU COMPLETE EACH OTHER WHEN YOU...

1. Embrace your _____. (Ephesians 5:21-23, 25)

In other words... Strive to have one heart and one mind.

Application examples:

As you learn to live in oneness with your spouse, you're more able to live out your oneness with Christ.

2. Learn how to lovingly deal with each other's _____.

- a. Allow your spouse to speak to you about your sin.
 - i. If you can't seriously consider your spouse's perspective, you will be stuck in denial.
 - ii. Remind yourself that you stand before God, not your spouse.

- b. Be careful to only address your spouse's sin with humility and gentleness.
 - i. If you don't know who you are serving, stop and check your motives (Romans 8:29a; Ephesians 5:25-26)
 - ii. If it's not in love, don't address it. (Galatians 6:1)
 - iii. Talk to God before you talk to your spouse.

3. Carefully speak only _____ words to your spouse.

Death and life are in the power of the tongue, and those who love it will eat its fruits.
- **Proverbs 18:21**

There is one whose rash words are like sword thrusts, but the tongue of the wise brings healing.
- **Proverbs 12:18**